

WHAT'S HURTING US RIGHT NOW?

CRAVING PLEASURE







THE CASE FOR RECREATION

“...a time to weep and a time to laugh...a time to mourn and a time to dance.” – Ecc. 3:1,4

- ***Ecclesiastes 2:24 – “Nothing is better for a man than that he should eat and drink, and that his soul should enjoy good in his labor. This also, I saw, was from the hand of God.”***
- ***Proverbs 17:22 – “A merry heart does good, like medicine, But a broken spirit dries the bones.”***

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“...a time to weep and a time to laugh...a time to mourn and a time to dance.” – Ecc. 3:1,4

- ***Ecclesiastes 9:9 – “Live joyfully with the wife whom you love all the days of your vain life which He has given you under the sun, all your days of vanity; for that is your portion in life, and in the labor which you perform under the sun.”***
- ***1 Timothy 4:8 – “For bodily exercise profits a little, but godliness is profitable for all things, having promise of the life that now is and of that which is to come.”***

WHEN DOES RECREATION BECOME SINFUL?

- **Romans 1:24-25** Therefore God also gave them up to uncleanness, in the lusts of their hearts, to dishonor their bodies among themselves, who exchanged the truth of God for the lie, and worshiped and served the creature rather than the Creator, who is blessed forever. Amen.
- **1 Corinthians 6:19-20** Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's.

WHEN DOES RECREATION BECOME SINFUL?

- **1 Peter 4:1-3** Therefore, since Christ suffered for us in the flesh, arm yourselves also with the same mind, for he who has suffered in the flesh has ceased from sin, that he no longer should live the rest of his time in the flesh for the lusts of men, but for the will of God. For we have spent enough of our past lifetime in doing the will of the Gentiles—when we walked in lewdness, lusts, drunkenness, revelries, drinking parties, and abominable idolatries.

WHEN DOES RECREATION BECOME SINFUL?

- **2 Timothy 3:1-4** But know this, that in the last days perilous times will come: For men will be lovers of themselves, lovers of money, boasters, proud, blasphemers, disobedient to parents, unthankful, unholy, unloving, unforgiving, slanderers, without self-control, brutal, despisers of good, traitors, headstrong, haughty, lovers of pleasure rather than lovers of God,

WHEN DOES RECREATION BECOME SINFUL?

- **Luke 8:14** Now the ones that fell among thorns are those who, when they have heard, go out and are choked with **cares**, **riches**, and **pleasures of life**, and bring no fruit to maturity.
 - Recreation sinful when it **involves sinful conduct**.
 - Recreation sinful when it **affects the structure and organization of the church**.

THE CHRISTIAN AND RECREATION

- *Moderation – a time for everything. Use it wisely!*
 - **TEMPERATE** – *1 Corinthians 9:25*
 - **SELF-CONTROL** – *Galatians 5:23; 2 Peter 1:6*
 - **SOBER** – *1 Timothy 3:2; Titus 2:2,5*

What to ask before you get involved...

- 1. Will this activity really rejuvenate my body and/or mind?**
- 2. How is God glorified by what I am doing?**
- 3. How will this activity affect my influence as a Christian?**
- 4. Would Jesus participate with me in this activity?**
- 5. Can I include other Christian's in my activities?**
- 6. Will it cause me to neglect my work for God?**
- 7. Is it a wise use of my time?**

**How much time and energy do you give to
God first vs. your pleasures?**

