



Keeping Our Minds On The Lord During His Supper

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- What do you think about during the Lord's Supper?
- Of all the memorials ever enacted, the Lord's Supper is the one with the deepest meaning and most solemn purpose.
 - Because of the One who instituted it.
 - Because of its simplicity.
 - Because it requires focused, devout attention and prayerful thought.

Keeping Our Minds On The Lord During His Supper

- Why do some have difficulty keeping their minds on the Lord during this service?
 - Perhaps they don't plan ahead to keep their minds on Him.
 - Perhaps they haven't cultivated the mental discipline for it.

Remember these things:

- One Lord
- Two thieves
- Three crosses
- Four parts of His garments
- Five wounds
- Six hours of suffering
- Seven sayings

ONE LORD



- He is the one with all authority in heaven and earth.
 - Matt. 28:18 - “Jesus came and spoke to them, saying, ‘All authority has been given to Me in heaven and on earth.’”
- He is the one we must believe.
 - John 8:24 - “If you do not believe that I am He, you will die in your sins.”
- He is the only way to the Father.
 - John 14:6 - “Jesus said to him, ‘I am the way, the truth, and the life. No one comes to the Father except through Me.’”

ONE LORD

- He died for us.

- Rom. 5:8-10 - “But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us. 9 Much more then, having now been justified by His blood, we shall be saved from wrath through Him. 10 For if when we were enemies we were reconciled to God through the death of His Son, much more, having been reconciled, we shall be saved by His life.”

- We can only be saved in His name.

- Acts 4:12 - “Nor is there salvation in any other, for there is no other name under heaven given among men by which we must be saved.”

ONE LORD



- He proved His Godhood.
 - Matt. 27:54 - “So when the centurion and those with him, who were guarding Jesus, saw the earthquake and the things that had happened, they feared greatly, saying, Truly this was the Son of God!”

TWO THIEVES



- He was numbered with the transgressors.
 - Isa. 53:12 - “Therefore I will divide Him a portion with the great, And He shall divide the spoil with the strong, Because He poured out His soul unto death, And He was numbered with the transgressors, And He bore the sin of many, And made intercession for the transgressors.”

TWO THIEVES



- He was convicted and counted as a criminal by His accusers.
 - Matt. 26:66 - “What do you think? They answered and said, He is deserving of death.”
 - John 18:30 - “They answered and said to him, If He were not an evildoer, we would not have delivered Him up to you.”
 - Luke 23:33 - “And when they had come to the place called Calvary, there they crucified Him, and the criminals, one on the right hand and the other on the left.”

TWO THIEVES



- Though numbered with sinners, He was sinless.
 - Heb. 4:15 - “For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin.”
 - 1Peter 2:22 - “Who committed no sin, Nor was deceit found in His mouth.”

THREE CROSSES



- Psalm 22
- Zech. 12:10 - “And I will pour on the house of David and on the inhabitants of Jerusalem the Spirit of grace and supplication; then they will look on Me whom they pierced. Yes, they will mourn for Him as one mourns for his only son, and grieve for Him as one grieves for a firstborn.”
- Isa. 53:4-5 - “Surely He has borne our griefs And carried our sorrows; Yet we esteemed Him stricken, Smitten by God, and afflicted. 5 But He was wounded for our transgressions, He was bruised for our iniquities; The chastisement for our peace was upon Him, And by His stripes we are healed.”

FOUR PARTS OF HIS GARMENTS

- As a convicted criminal, His garments belonged to the executioners.
 - Psalm 22:18 - “They divide My garments among them, And for My clothing they cast lots.”
 - John 19:23-24 - “Then the soldiers, when they had crucified Jesus, took His garments and made four parts, to each soldier a part, and also the tunic. Now the tunic was without seam, woven from the top in one piece. 24 They said therefore among themselves, Let us not tear it, but cast lots for it, whose it shall be, that the Scripture might be fulfilled which says: They divided My garments among them, And for My clothing they cast lots. Therefore the soldiers did these things.”

FIVE WOUNDS



- The wounds in His hands and feet and in His side were shown as proof to Thomas.
 - John 20:25-28
- He shed His blood on the cross.
 - John 19:34 - “One of the soldiers pierced His side with a spear, and immediately blood and water came out.”
- His blood was shed for the remission of sins.
 - Matt. 26:28 - “For this is My blood of the new covenant, which is shed for many for the remission of sins.”

FIVE WOUNDS



- We are justified by His blood.
 - Rom. 5:9 - “Much more then, having now been justified by His blood, we shall be saved from wrath through Him.”
- Redemption is by His blood.
 - Eph. 1:7 - “In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace.”
- Communion is with the body and blood.
 - 1Cor. 10:16 - “The cup of blessing which we bless, is it not the communion of the blood of Christ?”

SIX HOURS OF SUFFERING

- Was from 9:00 AM to 3:00 PM
 - Mark 15:25 - “Now it was the third hour, and they crucified Him.”
 - Matt. 27:46 - “And about the ninth hour Jesus cried out with a loud voice...”
- And was voluntary
 - Matt. 26:53 - “Or do you think that I cannot now pray to My Father, and He will provide Me with more than twelve legions of angels?”
 - Matt. 27:50 “And Jesus cried out again with a loud voice, and yielded up His spirit.”

SEVEN SAYINGS



- “Father, forgive them, for they know not what they do”
- Luke 23:34
- “Verily I say unto thee, to day shalt thou be with me in Paradise” - Luke 23:43
- “Woman, behold thy son. Behold thy mother” -
John 19:26
- “Eli, Eli, lama sabachthani” - Matt. 27:46; Mark 15:34
- “I thirst” - John 19:28
- “It is finished” - John 19:30
- “Father, into thy hands I commend my spirit” -
Luke 23:46

- Our minds can be trained; our thoughts can be controlled during the Lord's Supper.
 - Phil. 4:8 - "Think on these things."
 - 2Cor. 10:4-5 - "For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, 5 casting down arguments and every high thing that exalts itself against the knowledge of God, *bringing every thought into captivity to the obedience of Christ.*"
- We who have been saved from our sins owe the Savior that much every first day of the week as they come together at His table.

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He was wounded and crushed for our sins. He was beaten that we might have peace. He was whipped, and we were healed!
Isaiah 53:5



for our sins