

John 6:35 - "And Jesus said to them, I am the bread of life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst."



- Lesson One:
 - The Significance of the Bread
- Lesson Two:
 - The Source of the Bread
 - The Savoring of the Bread
 - The Supply of the Bread

"I Am the Bread of Life"

- John 6:35 "And Jesus said to them, I am the bread of life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst."
- "Jesus Christ is the bread which gives life and preserves from death. The person who receives my doctrine, believes in me as the great atoning sacrifice, and yields to the will of my Father shall be perfectly satisfied, and never more feel misery of spirit. All the guilt of his sins shall be blotted out, and his soul shall be purified unto God; and, loving him with all his heart, he shall rest, fully, supremely, and finally happy, in his God." (Clarke's Commentary on John)

- Where does this bread come from? Out of heaven
- God fed Israel with manna in the wilderness to sustain their physical lives
 - Ex. 16:14-15 "And when the layer of dew lifted, there, on the surface of the wilderness, was a small round substance, as fine as frost on the ground. 15 So when the children of Israel saw it, they said to one another, What is it? For they did not know what it was. And Moses said to them, This is the bread which the LORD has given you to eat."

- Psalm 78:24 "Had rained down manna on them to eat, And given them of the bread of heaven."
- John 6:32 "Then Jesus said to them, Most assuredly, I say to you, Moses did not give you the bread from heaven, but My Father gives you the true bread from heaven."
- The bread that comes down out of heaven is not of or from men

- From the Father
 - John 6:30-32 "Therefore they said to Him, What sign will You perform then, that we may see it and believe You? What work will You do? 31 Our fathers ate the manna in the desert; as it is written, He gave them bread from heaven to eat. 32 Then Jesus said to them, Most assuredly, I say to you, Moses did not give you the bread from heaven, but My Father gives you the true bread from heaven."

- Jesus is the true bread, the symbol of the new covenant
 - John 6:37-39 "All that the Father gives Me will come to Me, and the one who comes to Me I will by no means cast out. 38 For I have come down from heaven, not to do My own will, but the will of Him who sent Me. 39 This is the will of the Father who sent Me, that of all He has given Me I should lose nothing, but should raise it up at the last day."

John 8:28-29 - "Then Jesus said to them,
When you lift up the Son of Man, then you
will know that I am He, and that I do nothing
of Myself; but as My Father taught Me, I speak
these things. 29 And He who sent Me is with
Me. The Father has not left Me alone, for I
always do those things that please Him."

• John 5:26-29 - "For as the Father has life in Himself, so He has granted the Son to have life in Himself, 27 and has given Him authority to execute judgment also, because He is the Son of Man. 28 Do not marvel at this; for the hour is coming in which all who are in the graves will hear His voice 29 and come forth--those who have done good, to the resurrection of life, and those who have done evil, to the resurrection of condemnation."

• John 6:44-46 - "No one can come to Me unless the Father who sent Me draws him; and I will raise him up at the last day. 45 It is written in the prophets, And they shall all be taught by God. Therefore everyone who has heard and learned from the Father comes to Me. 46 Not that anyone has seen the Father, except He who is from God; He has seen the Father."

- The Father draws us to Jesus.
- He does this through teaching.
- We must learn in order to be drawn by the Father.
- When we learn, we come to Jesus.
- Jesus is of the Father, and the only One who has seen the Father, and so He is in the unique position to reveal His will.



- What do we do with this bread?
- Labor for the food that never perishes
 - John 6:27 "Do not labor for the food which perishes, but for the food which endures to everlasting life, which the Son of Man will give you, because God the Father has set His seal on Him."

- Labor for the spiritual, as it is eternal
 - Ecc. 5:11-16 "When goods increase, They increase who eat them; So what profit have the owners Except to see them with their eyes? 12 The sleep of a laboring man is sweet, Whether he eats little or much; But the abundance of the rich will not permit him to sleep. 13 There is a severe evil which I have seen under the sun: Riches kept for their owner to his hurt. 14 But those riches perish through misfortune; When he begets a son, there is nothing in his hand. 15 As he came from his mother's womb, naked shall he return, To go as he came; And he shall take nothing from his labor Which he may carry away in his hand. 16 And this also is a severe evil-Just exactly as he came, so shall he go. And what profit has he who has labored for the wind?"

- Labor for the spiritual, as it is eternal
 - Matt. 6:19-21 "Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; 20 but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. 21 For where your treasure is, there your heart will be also."

- Believe on Him Whom the Father has sent
 - John 6:29 "Jesus answered and said to them, This is the work of God, that you believe in Him whom He sent."
- It is so much more than simply mental affirmation
 - James 2:14, 24, 26 "What does it profit, my brethren, if someone says he has faith but does not have works? Can faith save him? ... 24 You see then that a man is justified by works, and not by faith only... 26 For as the body without the spirit is dead, so faith without works is dead also."

- Hear and learn of the Father
 - John 6:45 "It is written in the prophets, And they shall all be taught by God. Therefore everyone who has heard and learned from the Father comes to Me"
 - John 8:31-32 "Then Jesus said to those Jews who believed Him, If you abide in My word, you are My disciples indeed. 32 And you shall know the truth, and the truth shall make you free."

- Hear and learn of the Father
 - John 14:10 "Do you not believe that I am in the Father, and the Father in Me? The words that I speak to you I do not speak on My own authority; but the Father who dwells in Me does the works."
 - John 7:16-17 "Jesus answered them and said, My doctrine is not Mine, but His who sent Me. 17 If anyone wants to do His will, he shall know concerning the doctrine, whether it is from God or whether I speak on My own authority."

- Eat of the bread
 - John 6:51, 58 "I am the living bread which came down from heaven. If anyone eats of this bread, he will live forever; and the bread that I shall give is My flesh, which I shall give for the life of the world... 58 This is the bread which came down from heaven-not as your fathers ate the manna, and are dead. He who eats this bread will live forever."
 - 2Tim. 2:15 "Be diligent to present yourself approved to God, a worker who does not need to be ashamed, rightly dividing the word of truth."

- Acts 17:11 "These were more fair-minded than those in Thessalonica, in that they received the word with all readiness, and searched the Scriptures daily to find out whether these things were so."
- Matt. 5:6 "Blessed are those who hunger and thirst for righteousness, For they shall be filled."
- Luke 4:4 "But Jesus answered him, saying, 'It is written, Man shall not live by bread alone, but by every word of God."
- Jer. 15:16 "Your words were found, and I ate them, And Your word was to me the joy and rejoicing of my heart; For I am called by Your name, O LORD God of hosts."

- Eat of his flesh and drink of his blood. Partake of His life, His mission, His sufferings, His sacrifices
 - John 6:54 "Whoever eats My flesh and drinks My blood has eternal life, and I will raise him up at the last day."
 - Matt. 16:24-25 "Then Jesus said to His disciples, If anyone desires to come after Me, let him deny himself, and take up his cross, and follow Me. 25 For whoever desires to save his life will lose it, but whoever loses his life for My sake will find it."

- Gal. 2:20 "I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me."
- Phil. 1:20 "According to my earnest expectation and hope that in nothing I shall be ashamed, but with all boldness, as always, so now also Christ will be magnified in my body, whether by life or by death."
- Gal. 6:14 "But God forbid that I should boast except in the cross of our Lord Jesus Christ, by whom the world has been crucified to me, and I to the world."

- What does this bread do to us?
- Gives life
 - John 6:33 "For the bread of God is He who comes down from heaven and gives life to the world"
- He becomes our reason for living
 - Phil. 1:21 "For to me, to live is Christ, and to die is gain."
- He is the sources of our living
 - Matt. 6:33 "But seek first the kingdom of God and His righteousness, and all these things shall be added to you."

- Gives eternal life
 - John 6:27, 40, 47, 51, 54, 58 "Do not labor for the food which perishes, but for the food which endures to everlasting life, which the Son of Man will give you, because God the Father has set His seal on Him... 40 And this is the will of Him who sent Me, that everyone who sees the Son and believes in Him may have everlasting life; and I will raise him up at the last day... 47 Most assuredly, I say to you, he who believes in Me has everlasting life... 51 I am the living bread which came down from heaven. If anyone eats of this bread, he will live forever; and the bread that I shall give is My flesh, which I shall give for the life of the world... 54 Whoever eats My flesh and drinks My blood has eternal life, and I will raise him up at the last day... 58 This is the bread which came down from heaven--not as your fathers ate the manna, and are dead. He who eats this bread will live forever."

- Gives eternal life
 - John 3:16 "For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life"
 - 1Tim. 1:16 "However, for this reason I obtained mercy, that in me first Jesus Christ might show all longsuffering, as a pattern to those who are going to believe on Him for everlasting life."

- Gives us a place in the resurrection
 - John 6:39, 44, 54 "This is the will of the Father who sent Me, that of all He has given Me I should lose nothing, but should raise it up at the last day... No one can come to Me unless the Father who sent Me draws him; and I will raise him up at the last day... 54 Whoever eats My flesh and drinks My blood has eternal life, and I will raise him up at the last day."

- Gives us a place in the resurrection
 - Phil. 3:10-11 "that I may know Him and the power of His resurrection, and the fellowship of His sufferings, being conformed to His death, 11 if, by any means, I may attain to the resurrection from the dead."
 - 1Peter 1:3 "Blessed be the God and Father of our Lord Jesus Christ, who according to His abundant mercy has begotten us again to a living hope through the resurrection of Jesus Christ from the dead"

- Gives us into the care of the Father
 - John 6:37, 44 "All that the Father gives Me will come to Me, and the one who comes to Me I will by no means cast out... 44 It is written in the prophets, And they shall all be taught by God. Therefore everyone who has heard and learned from the Father comes to Me."
 - 1Peter 5:6-7 "Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time, 7 casting all your care upon Him, for He cares for you."

- Gives us into the fellowship of the Son
 - John 6:56 "He who eats My flesh and drinks My blood abides in Me, and I in him."
 - 1John 1:3 "That which we have seen and heard we declare to you, that you also may have fellowship with us; and truly our fellowship is with the Father and with His Son Jesus Christ."
 - John 14:21 "He who has My commandments and keeps them, it is he who loves Me. And he who loves Me will be loved by My Father, and I will love him and manifest Myself to him."

- Gives us the power to live like Jesus
 - John 6:57 "As the living Father sent Me, and I live because of the Father, so he who feeds on Me will live because of Me."
 - 2Peter 1:4 "By which have been given to us exceedingly great and precious promises, that through these you may be partakers of the divine nature, having escaped the corruption that is in the world through lust."

- Gives us the power to live like Jesus
 - John 1:12 "But as many as received Him, to them He gave the right to become children of God, to those who believe in His name"
 - 1Cor. 15:22 "For as in Adam all die, even so in Christ all shall be made alive."
 - 1John 4:9 "In this the love of God was manifested toward us, that God has sent His only begotten Son into the world, that we might live through Him."