

- Prov. 3:35 "The wise shall inherit glory, But shame shall be the legacy of fools."
- Prov. 12:16 "A fool's wrath is known at once,
 But a prudent man covers shame."
- Prov. 29:11 "A fool vents all his feelings, But a wise man holds them back."

- The Bible is a book of examples: some are patterns, others are warnings.
 - 1Cor. 10:11 "Now all these things happened to them as examples, and they were written for our admonition, upon whom the ends of the ages have come."
 - Rom. 15:4 "For whatever things were written before were written for our learning, that we through the patience and comfort of the Scriptures might have hope"
 - 1Cor. 11:1 "Imitate me, just as I also imitate Christ."

Ahithophel: Anger Leads To Self-Destruction

- 2Sam. 15:12, 31-34, 37
- 2Sam. 16:20-23
- 2Sam. 17:1-23
- Do some Christians overreact when things don't go the way they think they should?
- Do some members of the church ever hurt themselves to make a point?

Nabal: Anger Leads To Dishonor

- 1Sam. 25:5-17
- Nabal began with the premise that he was right and that David was wrong
 - Some believe that their concept of what is fair and right is the only correct way
 - They insist on their way; anyone who disagrees is wrong and becomes the object of their anger
 - They treat dishonorably those who have earned their respect; thus, by dishonoring others temporarily, they damage their own honor long term

Nabal: Anger Leads To Dishonor

- He refused to show respect and gratitude to David for the protection and leadership he provided.
 - 1Thes. 5:12-13 "And we urge you, brethren, to recognize those who labor among you, and are over you in the Lord and admonish you, 13 and to esteem them very highly in love for their work's sake. Be at peace among yourselves."

Nabal: Anger Leads To Dishonor

- 1Tim. 5:19 "Do not receive an accusation against an elder except from two or three witnesses."
- Eph. 6:2 "Honor your father and mother, which is the first commandment with promise"
- 1Peter 2:17 "Honor all people. Love the brotherhood. Fear God. Honor the king."

Sanballat: Anger Leads To Defeat

- Neh. 4:1-15
 - Anger moves one to talk like a fool 1-2
 - Anger draws in other fools 3
 - Anger makes one act like a fool 7-8
 - Anger leads one to make a fool's threats 12
 - Anger makes one look like a fool 15

Sanballat: Anger Leads To Defeat

- Angry people are a danger to themselves and others
 - Prov. 22:24-25 "Make no friendship with an angry man, And with a furious man do not go, 25 Lest you learn his ways And set a snare for your soul."
 - Prov. 29:22 "An angry man stirs up strife, And a furious man abounds in transgression."

- How do you react when angry?
 - Ecc. 7:9 "Do not hasten in your spirit to be angry,
 For anger rests in the bosom of fools."
 - Eph. 4:26 "Be angry, and do not sin; do not let the sun go down on your wrath"
 - Psalm 4:4 "Be angry, and do not sin. Meditate within your heart on your bed, and be still."
 - Psalm 37:8 "Cease from anger, and forsake wrath; Do not fret; it only causes harm."