

Proverbs 12:25

- ***“Anxiety in the heart of man causes depression, but a good word makes it glad.”***

The Christian and Depression

Proverbs 12:25



Can a Christian be Depressed?

- **Salvation from our Sins (Acts 22:16)**
- **Children of God (I John 3:1)**
- **Every Spiritual Blessing (Eph. 1:3)**
- **Always to be Rejoicing (Phil. 4:4)**
- **Content in All Circumstances (4:11-12)**
- **Eternal Reward in Heaven (2 Tim. 4:8)**

The Christian and Depression

- **Job**

- **Chapter 6:1-4; 7:11-12; 16:15-16; 17:1, 15; 30:16-19, 27-31**

- **David**

- **Psalm 142**

- **Elijah**

- **I Kings 19:1-10**

The Christian and Depression

- **What causes depression?**
 - Proverbs 12:25
 - **Anxiety** over a job loss
 - **Anxiety** over health problems
 - **Anxiety** over marital strife
 - **Anxiety** over wayward children
 - **Anxiety** over loss of a spouse (loneliness)
 - **Anxiety** over church troubles

The Christian and Depression

- **How does one Overcome it?**
 - **Don't Worry about Tomorrow**
 - Matt. 6:34, 27
 - **Keep Busy in the Lord's Work**
 - I Kings 19:14-18; I Cor. 15:58

The Christian and Depression

- **How does one Overcome it?**

- **Pray Earnestly**

- Philippians 4:6-7; I Peter 5:6-7

- **Meditate in the Scriptures**

- Psalm 119:49-50; Romans 15:4

The Christian and Depression

- **How does one Overcome it?**
 - **Support from Fellow Christians**
 - Job 1:11-13; Col. 4:10-11; I Thess. 5:14
 - **Always Look to Jesus**
 - Heb. 12:1-2; 2 Tim. 4:16-17; Phil. 4:13